

LSC EXPRESS Spring 2024 Season**League: U3/2021 & U4/2020 Boys & Girls**

Saturday, April 20, 2024			
OPENING DAY			
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D
	9:30 AM	Londonderry U3B Graphite	Field 1A-D
	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D
Saturday, April 27, 2024			
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D
	9:30 AM	Londonderry U3B Graphite	Field 1A-D
	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D
Saturday, May 4, 2024			
Being rescheduled to week of May 6			
Melissa Training	Time	Teams	Location
		Londonderry U4B White	
		Londonderry U4G Safety Yellow	
		Londonderry U3B Graphite	
		Londonderry U3G Purple	
		Londonderry U3/U4 Coed Royal Blue	
Saturday, May 11, 2024			
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D
	9:30 AM	Londonderry U3B Graphite	Field 1A-D

	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D
Saturday, May 18, 2024	*PICTURE DAY*		
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D
	9:30 AM	Londonderry U3B Graphite	Field 1A-D
	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D
Saturday, May 25, 2024			
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D
	9:30 AM	Londonderry U3B Graphite	Field 1A-D
	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D
Saturday, June 1, 2024			
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D
	9:30 AM	Londonderry U3B Graphite	Field 1A-D
	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D
Saturday, June 8, 2024			
Melissa Training	Time	Teams	Location
	8:00 AM	Londonderry U4B White	Field 1A-D
	8:45 AM	Londonderry U4G Safety Yellow	Field 1A-D

	9:30 AM	Londonderry U3B Graphite	Field 1A-D
	10:15 AM	Londonderry U3G Purple	Field 1A-D
	11:00 AM	Londonderry U3/U4 Coed Royal Blue	Field 1A-D